

# A Proximal Descent Method for Nonconvex Policy Optimization

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**JACOBS SCHOOL OF ENGINEERING**  
Electrical and Computer Engineering

Scalable Optimization and  
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<https://zhengy09.github.io/soclab.html>

# Acknowledgments



Yuto Watanabe  
UC San Diego



Feng-Yi Liao  
UC San Diego

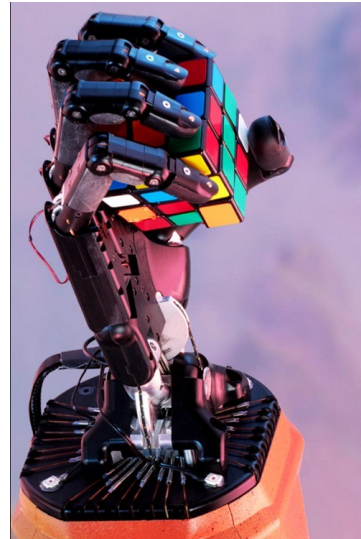


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1. F.Y. Liao, and Y. Zheng. "[A proximal descent method for minimizing weakly convex optimization.](#)" *arXiv preprint arXiv:2509.02804* (2025).
2. Y. Watanabe, F.Y. Liao, and Y. Zheng. "[Weak Convexity and Proximal Bundle Methods for Nonsmooth Policy Optimization in Robust Control.](#)" *arXiv preprint arXiv:2609.06202* (2026).
3. Y. Watanabe, F.Y. Liao, and Y. Zheng. "[Policy optimization in robust control: Weak convexity and subgradient methods.](#)" 2026 American Control Conference (ACC). IEEE, 2026.

# Data-driven decision making

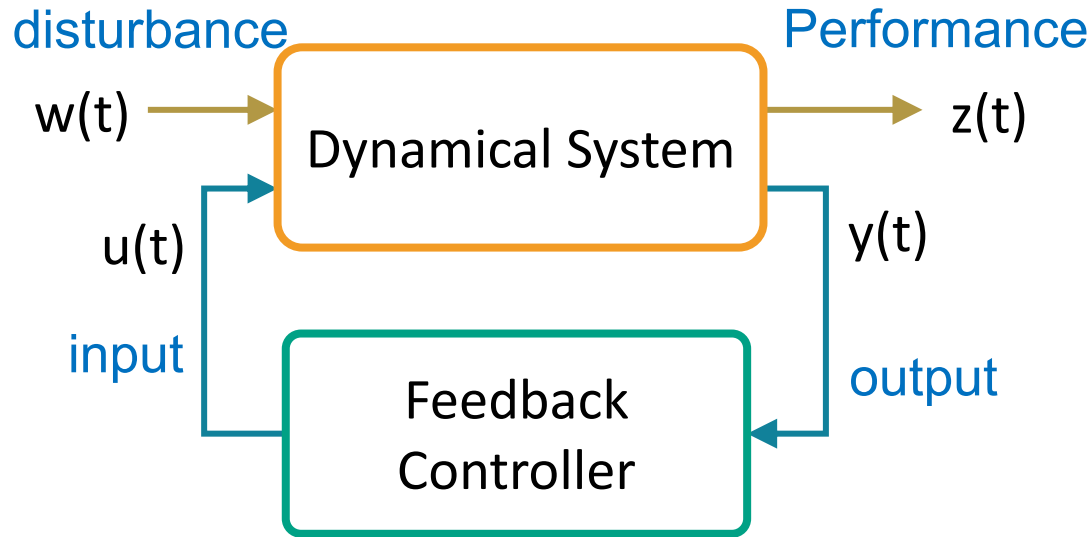
- ❑ Data-driven decision making and Reinforcement learning have achieved striking performance in games, robotics, sequential decision problems, and language models.
- ❑ These successes often rely on massive data, computation, and flexible policy parameterizations.
- ❑ They shift the design paradigm from “derive a controller” to “optimize a policy”.



Silver, et al. 2017; Fazel et al., 2018; Recht, 2019; Hu et al., 2023, etc.

# Policy optimization

## Feedback control



  
Policy  
parametrization

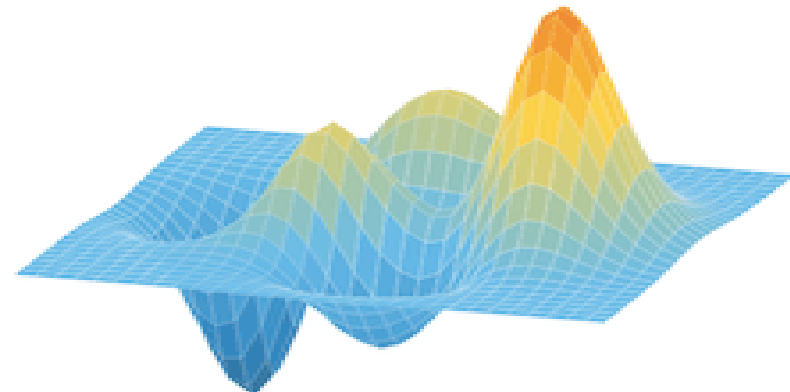
## Policy Optimization

$$\min_{\mathbf{K}} J(\mathbf{K})$$
$$\text{s.t. } \mathbf{K} \in \mathcal{C}$$

Use direct policy updates (**model-free**)

$$K_{t+1} = K_t - \alpha_t \nabla J(K_t)$$

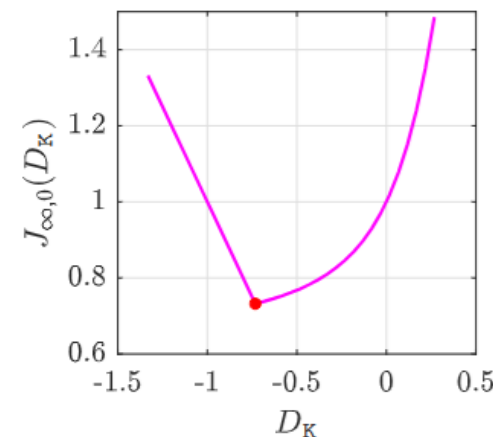
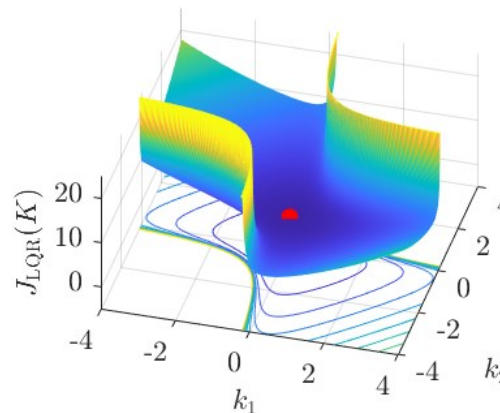
- Nonconvex optimization
- Lack of principled algorithms for **optimality**
- Hard to derive **theoretical guarantees**



# Today's talk

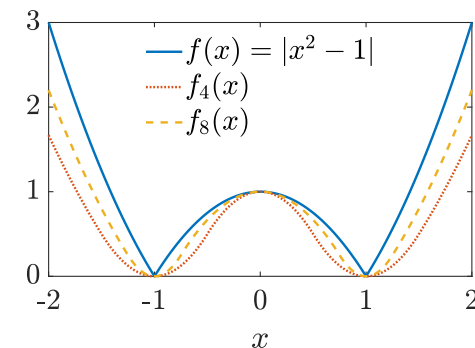
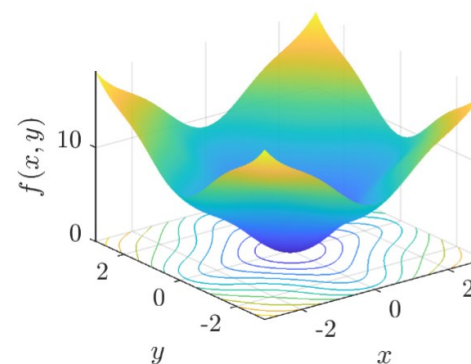
## Benign nonconvex landscapes in benchmark control problems

- Informally, any stationary point is **globally optimal** for state-feedback problems.
- Control problems with static policies are often **weakly convex**.



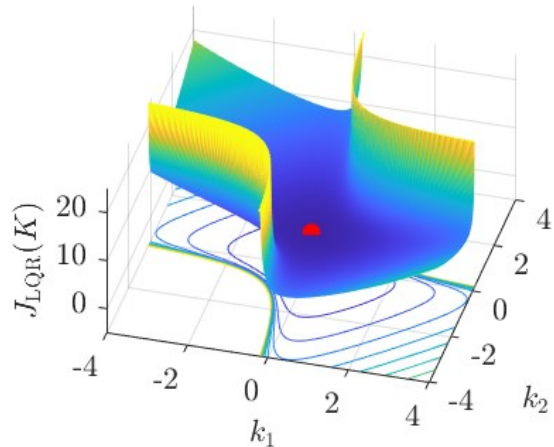
## A new proximal descent method for nonconvex policy optimization

- Thanks to weak convexity, we design a descent local search algorithm based on local convexification.

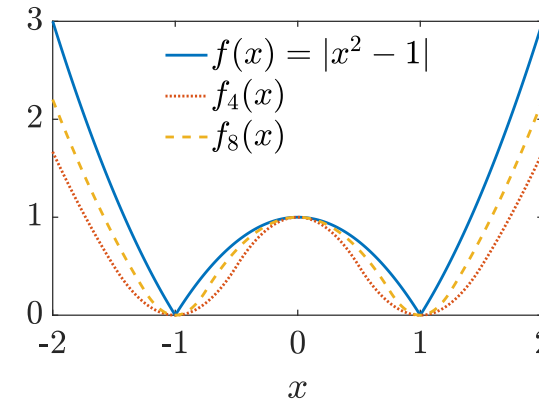


# Outline

**Geometry:**  
Benign Nonconvex  
Landscape



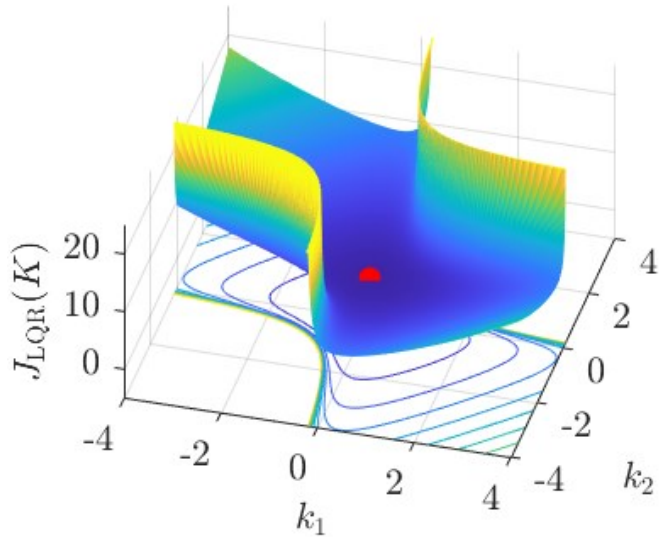
**Algorithm:**  
Proximal Descent  
Method



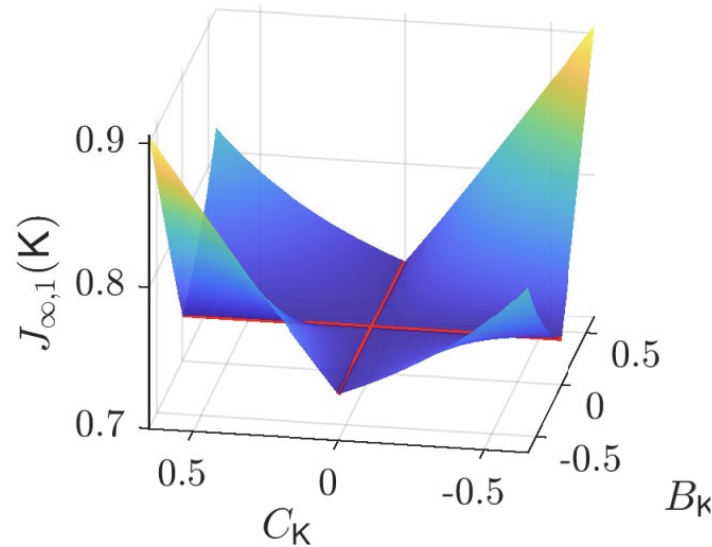
# Nonconvexity in control

Policy optimization in control is generally **nonconvex** and may be **non-smooth**.

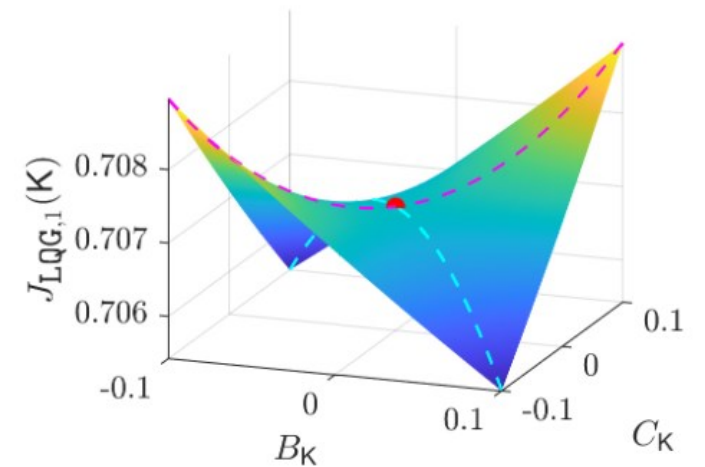
$$\begin{aligned} \min_K \quad & J(K) \\ \text{s.t.} \quad & K \in \mathcal{C} \end{aligned}$$



An LQR instance  
(**nonconvex**)



An Hinf control instance  
(**nonsmooth**)



An LQG instance  
(**saddle point**)

Optimization landscape in control problems are very rich but not arbitrary.

# Global optimality in state-feedback control

(Informal) Any stationary point is **globally optimal** for state-feedback problems.

$$x_{t+1} = Ax_t + Bu_t + w_t,$$

$$u_t = Kx_t$$

LQR (Stochastic noise)

Hinf control (Adversarial disturbances)

| Feasible region  | Nonconvex but path-connected                                                                                                              |                                                                                                                                                                     |
|------------------|-------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Stationary point | <p>❖ Globally optimal (<b>gradient dominance</b> or PL condition)</p> $J_{\text{LQR}}(K) - J^* \leq \mu \ \nabla J_{\text{LQR}}(K)\ _F^2$ | <p>❖ Globally optimal (<b>weak PL condition</b> over a sublevel set)</p> $J_{\text{inf}}(K) - J^* \leq \mu \ g\ _F, \quad \forall g \in \partial J_{\text{inf}}(K)$ |
| Local search     | <p>❖ Fast linear convergence for <b>gradient descent</b> (like strongly convex problems)</p>                                              | <p>❖ Sublinear convergence for the <b>subgradient method</b> (like convex problems)</p>                                                                             |
| Refs             | Fazel et al., ICML, 2018; Malik et al., 2019; Mohammadi et al., IEEE TAC, 2020; etc.                                                      | Gao & Hu, 2022, Watanabe, Liao & <b>Zheng</b> , 2026                                                                                                                |

# Weak convexity in output feedback

The optimization landscape of static output feedback control is more complicated.

$$x_{t+1} = Ax_t + Bu_t + w_t,$$

$$y_t = Cx_t$$

$$u_t = K y_t$$

Feasible  
region

Disconnected

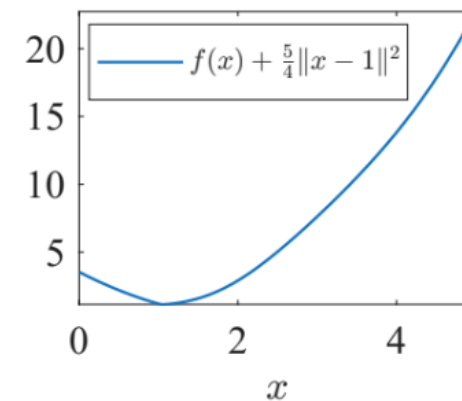
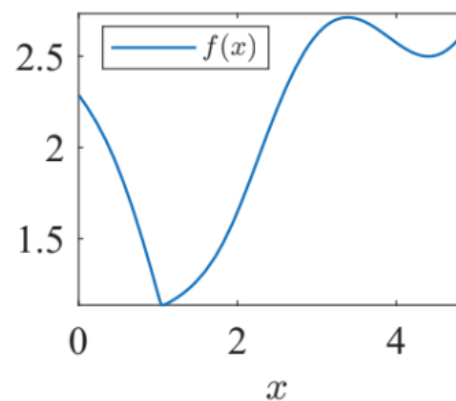
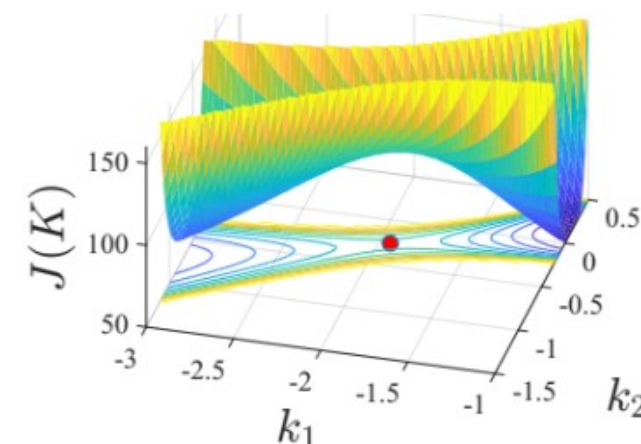
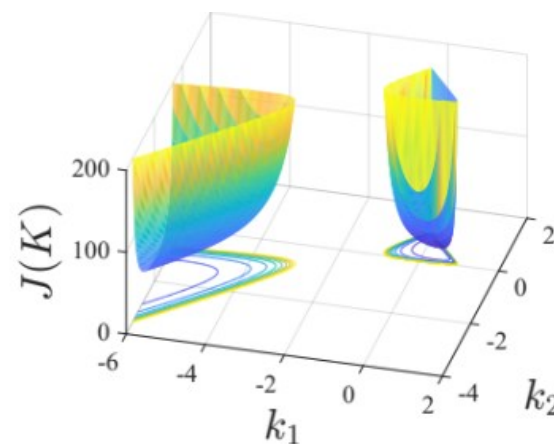
Stationary  
point

Might be saddle

Cost function **Weakly convex**  
(LQR or Hinf) (on any compact sublevel set)

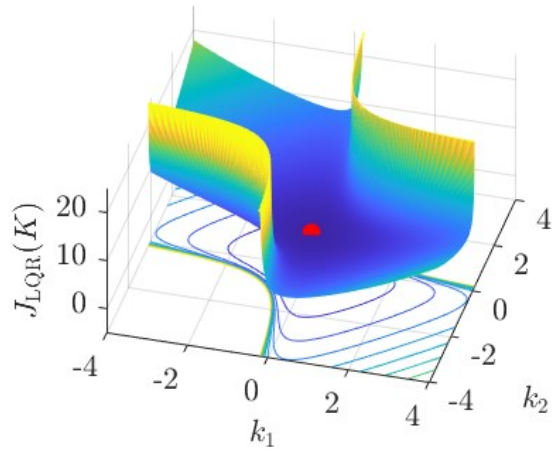
$$J(K) + \frac{m}{2} \|K\|_F^2 \text{ is convex}$$

Local convexification with quadratic perturbation

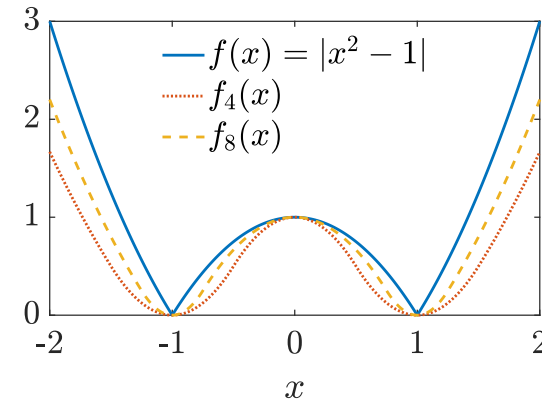


# Outline

Geometry:  
Benign Nonconvex  
Landscape



Algorithm:  
Proximal Descent  
Methods



# First-order algorithms

$$\min_x f(x)$$

Standard algorithms:

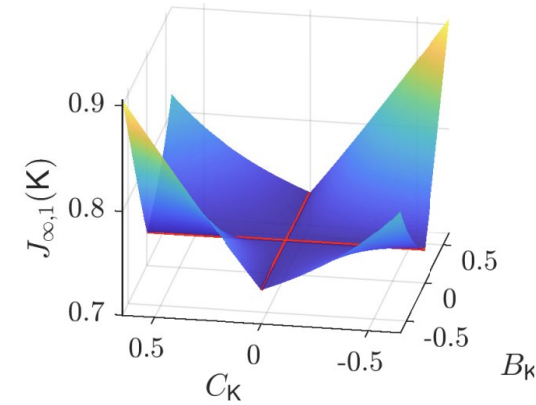
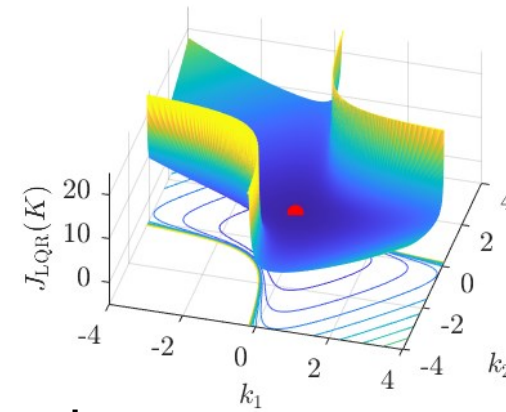
- **Gradient descent** for  $L$ -smooth (non)-convex functions

$$x_{k+1} = x_k - \alpha_k \nabla f(x_k), \quad 0 < \alpha_k < \frac{2}{L}$$

- **Subgradient method** for nonsmooth convex functions

$$x_{k+1} = x_k - \alpha_k g_k, \quad g_k \in \partial f(x_k)$$

- Their variants (with acceleration) achieve the **best first-order complexity** for **convex** functions [Chaps 2 & 3, Nesterov, 2018];



Very careful step  
size tuning

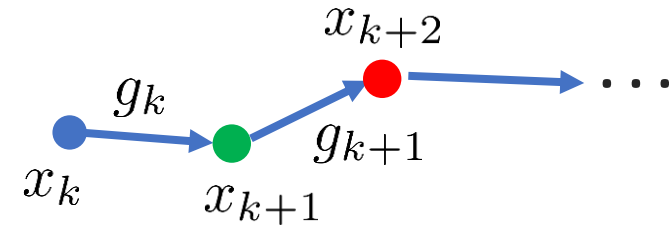
Non-trivial to extend for  
nonsmooth/nonconvex case

# A general descent principle

## □ A conceptual descent algorithm

$$x_{k+1} = x_k - \boxed{\alpha} \times \boxed{g_k}$$

Search direction  
Step size



Suppose it satisfies a **cost value drop**

$$f(x_{k+1}) \leq f(x_k) - \frac{\alpha}{2} \|g_k\|^2$$

**Complexity:** the conceptual descent algorithm guarantees

$$\min_{k \leq T} \|g_k\|^2 \leq \frac{f(x_0) - f^*}{T} \times \frac{2}{\alpha}$$

Proof via telescope sum:

$$f(x_T) \leq f(x_0) - \frac{\alpha}{2} \sum_{k=0}^{T-1} \|g_k\|^2$$

$$\begin{aligned} \frac{\alpha}{2} \sum_{k=0}^{T-1} \|g_k\|^2 &\leq f(x_0) - f(x_T) \\ &\leq f(x_0) - f^* \end{aligned}$$

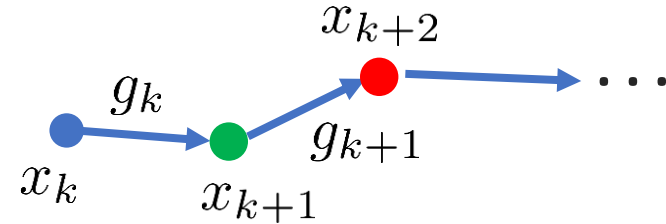
**Key question:** Design  $g_k$  so that it both 1) measures stationarity and 2) guarantees sufficient decrease.

# Smooth objectives: gradient descent

## □ Gradient descent

$$g_k = \nabla f(x_k)$$

$$x_{k+1} = x_k - \alpha \times \nabla f(x_k)$$



For an  $L$ -smooth objective, the **descent lemma** gives [Chap 2, Nesterov, 2018]

$$\begin{aligned} f(x_{k+1}) &\leq f(x_k) - \alpha \left(1 - \frac{L\alpha}{2}\right) \|\nabla f(x_k)\|^2 \\ &\leq f(x_k) - \frac{\alpha}{2} \|\nabla f(x_k)\|^2, \quad 0 < \alpha \leq \frac{1}{L}. \end{aligned}$$

- $g_k = \nabla f(x_k)$  measures **stationarity**.
- A small stepsize guarantees the **required decrease**.

For nonsmooth objectives, however, a **subgradient step** may not decrease the cost value.

# Nonsmooth weakly convex objectives

## □ Proximal point method [Rockafellar, 1976]

- Let  $f$  be  $m$ -weakly convex, and choose  $\alpha < 1/m$

$$x_{k+1} = \arg \min_x \left\{ f(x) + \frac{1}{2\alpha} \|x - x_k\|^2 \right\}$$

- The optimality condition gives  $g_k = \frac{x_k - x_{k+1}}{\alpha} \in \partial f(x_{k+1})$

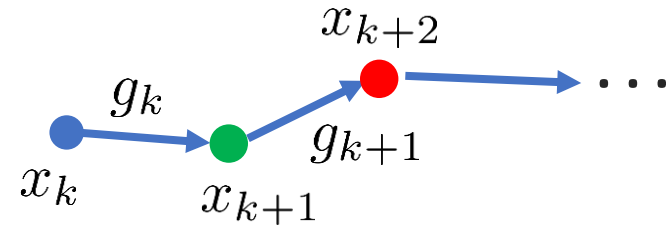
- **Implicit subgradient** update  $x_{k+1} = x_k - \alpha \times \boxed{g_k} \longrightarrow$  a subgradient at the next point

- Comparing the proximal objective at  $x_{k+1}$  and  $x_k$  gives

$$f(x_{k+1}) \leq f(x_k) - \frac{\alpha}{2} \|g_k\|^2$$

The desired  
cost value drop

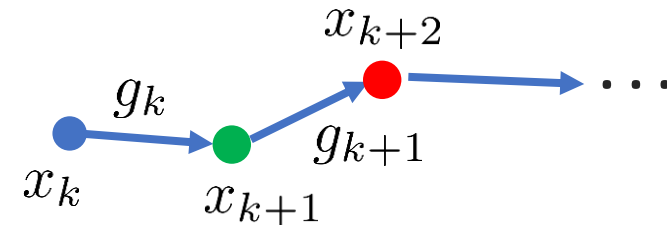
- This works for smooth, nonsmooth, convex and weakly convex objectives.



# Descent principle

## □ Gradient descent vs Proximal point update

$$x_{k+1} = x_k - \alpha \times g_k$$



Proximal bundle  
procedure

Use **bundle iterations** to approximate this implicit direction efficiently ([Hare & Sagastizábal, 2009]).

$$\min f(x) + \frac{1}{2\alpha} \|x - x_k\|^2$$

$$\downarrow \frac{1}{\alpha} = m + \rho$$

$$\min \underbrace{f(x) + \frac{m}{2} \|x - x_k\|^2}_{\text{Convex function}} + \frac{\rho}{2} \|x - x_k\|^2$$

| Gradient descent                     | Proximal point                |
|--------------------------------------|-------------------------------|
| $g_k = \nabla f(x_k)$                | $g_k \in \partial f(x_{k+1})$ |
| Explicit update                      | Implicit update               |
| L-smooth cost                        | Weakly convex cost            |
| Both achieve the descent requirement |                               |

# Bundle iterations

□ Approximate the proximal direction

$$\min \underbrace{f(x) + \frac{m}{2} \|x - x_k\|^2}_{\text{Convex function}} + \frac{\rho}{2} \|x - x_k\|^2$$

Convex function

Local convexified  
function

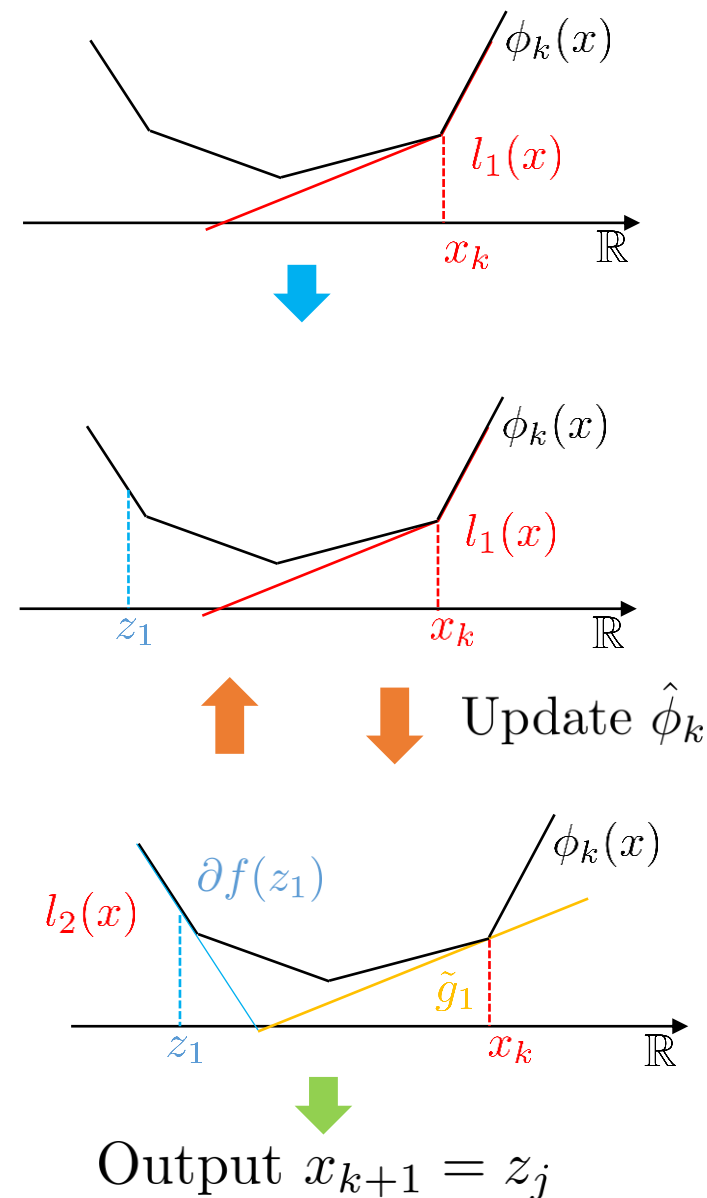
$$\phi_k(x) := f(x) + \frac{m}{2} \|x - x_k\|^2$$

Every function and subgradient evaluation produces  
a global affine lower bound of  $\phi_k$

Intuitively, we can build a cutting-plane approximation

$$\hat{\phi}_k(x) := \max_{1 \leq i \leq j} l_i(x) \leq \phi_k(x)$$

Testing point  $z_{j+1} := \arg \min \hat{\phi}_k(x) + \frac{\rho}{2} \|x - x_k\|^2$



# Proximal Descent Method

□ Find a search direction efficiently, satisfying (Liao & Zheng, 2025)

$$f(x_{k+1}) \leq f(x_k) - \frac{\tilde{\alpha}}{2} \|g_k\|^2$$

---

**Algorithm 1** Proximal descent method

---

**Require:**  $x_1 \in \mathbb{R}^n$ ,  $T > 0$ ,  
**for**  $k = 1, 2, \dots, T$  **do**  
     $x_{k+1} = \text{ProxDescent}(x_k)$ ;  
**end for**

---

- Any **convex (nonsmooth)** function
- Any **L-smooth (nonconvex)** function
- LQR and state-feedback robust control under mild assumptions

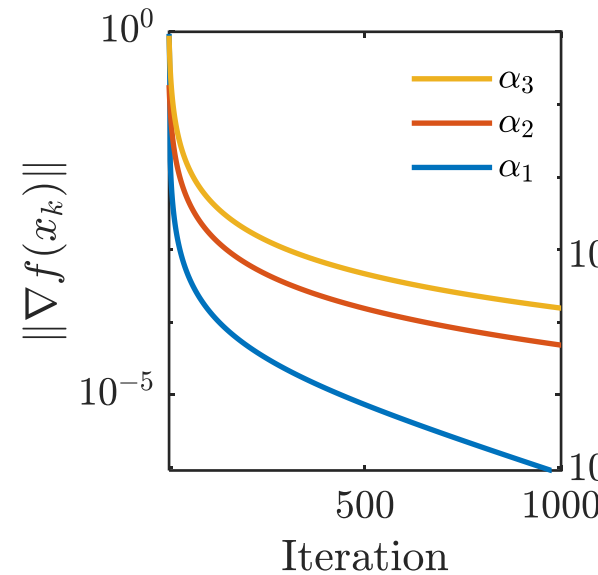
**Convergence  
guarantees**

**Automatic  
adaptivity**

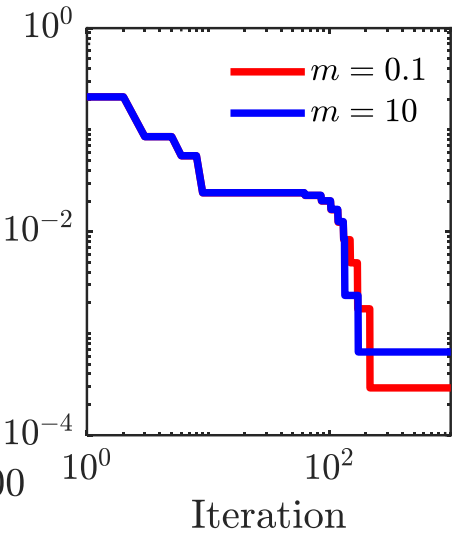
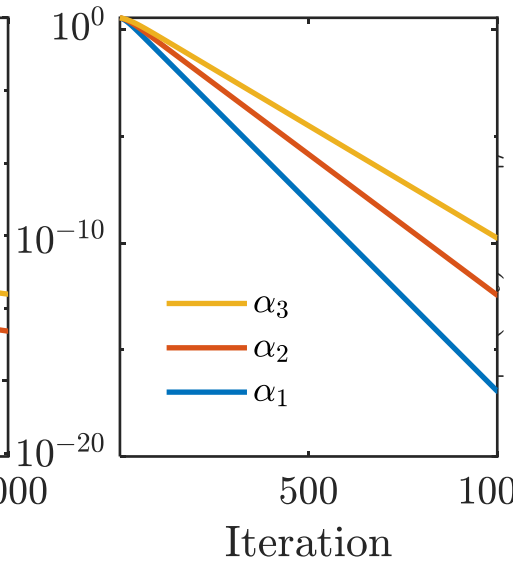
| function           | Growth                      | Measure                                  | Complexity                      |
|--------------------|-----------------------------|------------------------------------------|---------------------------------|
| <i>L</i> -Lipchitz | No growth                   | $\ \nabla f_\alpha(x_k)\  \leq \epsilon$ | $\mathcal{O}(1/\epsilon^4)$     |
|                    | $\mu_q$ -QG and $\mu_q > m$ | $\ \nabla f_\alpha(x_k)\  \leq \epsilon$ | $\mathcal{O}(1/\epsilon^2)$     |
| <i>M</i> -Smooth   | No growth                   | $\ \nabla f(x_k)\  \leq \epsilon$        | $\mathcal{O}(1/\epsilon^2)$     |
|                    | $\mu_q$ -QG and $\mu_q > m$ | $\ \nabla f(x_k)\  \leq \epsilon$        | $\mathcal{O}(\log(1/\epsilon))$ |

# Numerical results

With no parameter tuning,  
**the algorithm accelerates**  
in the presence of  
structural properties

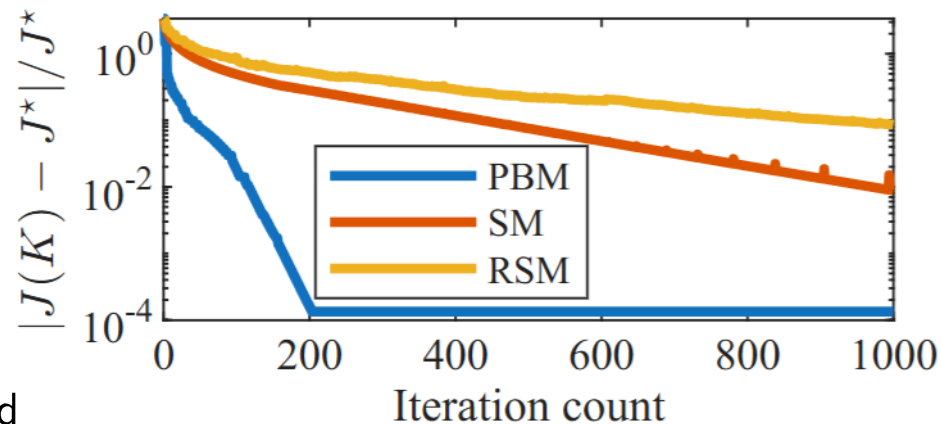


Smooth nonconvex examples

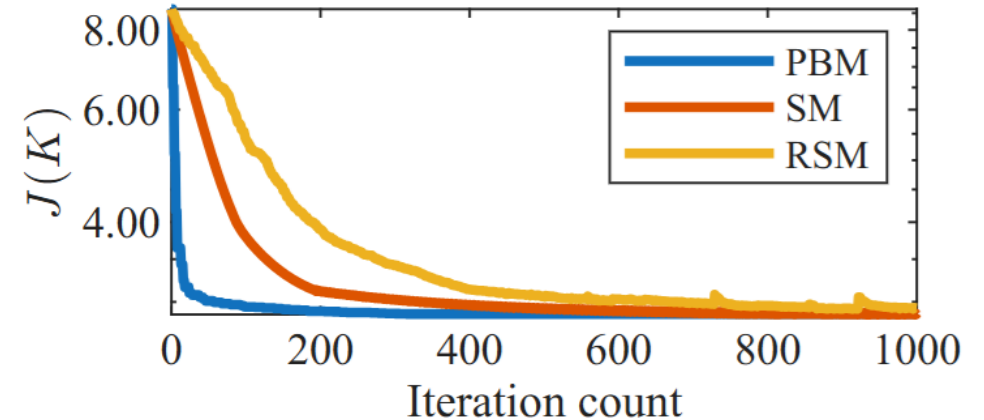


Nonsmooth example

Application  
to robust  
control



State-feedback



Output-feedback

PBM: our method

SM: Subgradient method

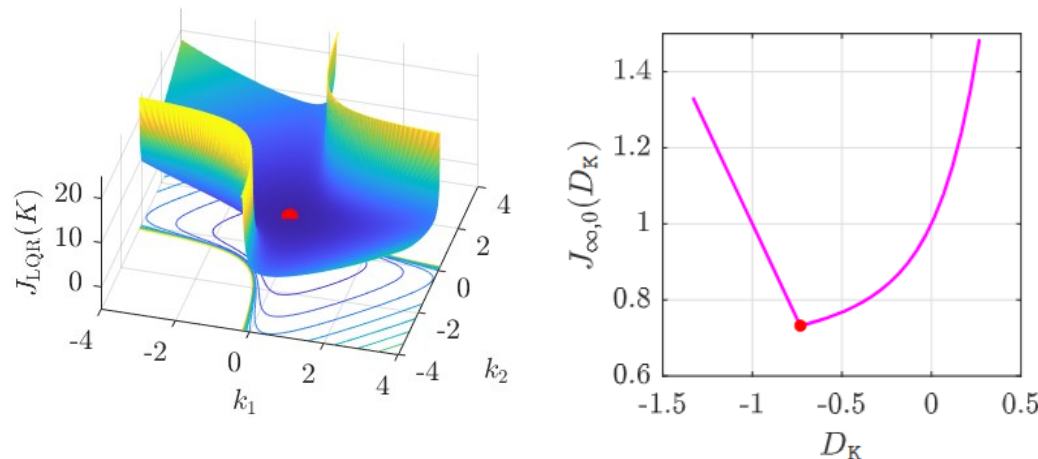
RSM: randomized smoothing

# Conclusion

# Take-home messages

## Nonconvex landscapes in benchmark control problems are benign

- Informally, any stationary point is **globally optimal** for state-feedback problems.
- Control problems with static policies are often **weakly convex**.



## A proximal descent method for nonconvex policy optimization

- Weak convexity enables a descent local search algorithm based on local convexification.

$$x_{k+1} = x_k - \boxed{\alpha} \times \boxed{g_k}$$

Search direction

Step size

$$f(x_{k+1}) \leq f(x_k) - \frac{\alpha}{2} \|g_k\|^2$$

Geometry of policy optimization



Principled & Practical Algorithms

# A Proximal Descent Method for Nonconvex Policy Optimization

## Thank you!

1. F.Y. Liao, and Y. Zheng. "[A proximal descent method for minimizing weakly convex optimization](#)." *arXiv preprint arXiv:2509.02804* (2025).
2. Y. Watanabe, F.Y. Liao, and Y. Zheng. "[Weak Convexity and Proximal Bundle Methods for Nonsmooth Policy Optimization in Robust Control](#)." *arXiv preprint arXiv:2609.06202* (2026).
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